



May / June 2002

District 16 & 20 Newsletter

P.O. Box 721310 Berkley, MI 48072



District 16 Officers

D.C.M. Pat R. 248.586.0241
 A.D.C.M. Pete G.
 Treasurer Chris ?
 Secretary Jennifer S.
 Newsletter Carolyn R.
 Corr Fac Liaison Rusty M.
 Grapevine Rep. Jeff R.

District 20 Officers

D.C.M. Dennis McD. 248.616.4903 dennismcd707@hotmail.com
 A.D.C.M. Phil L.
 Treasurer Paul H.
 Secretary Shared
 Newsletter Shared
 Corr Fac Liaison Dave O.
 Grapevine Rep. Vacant

District Meeting

Location:

Clawson United Methodist
 205 Main Street, Clawson
 (1 block North of 14 Mile)

Meets in Conference Room Upstairs

Date:

3rd Wednesday of Month
 May 15th, June 19th etc

Time:

7:00 p.m.

Followed by the regular 8:00
 Clawson Meeting.


District Attendance

✓ St. Stephens, Clawson,
 Honest Desire, First Things First,
 Young People Can Too, Troy Ford,
 Women in Recovery,
 Rochester Men's, Southfield,
 Steps & Traditions,
 The Night Serenity,
 Royal Oak Unity, Friendly Ferndale,
 Berkley Saturday Afternoon,
 Joys of Recovery-Steps&Traditions,
 Monday Night Afterglow and
 Women's A New Beginning

Responsibility Creed

When anyone, anywhere, reaches
 out for help, I want the hand of A.A.
 to always be there.
 And for that,
I am responsible.


Honest Desire's First Ever Anniversary Extravaganza

 The Church on Main Street 309 N. Main (1 block N of 11 Mile), Royal Oak
 Doors@7pm * Dinner@7:30 * Open Speaker@8:30-Mark S. Chicago * DJ Following
 This is an Open Celebration. Everyone's Welcome to Attend. Bring a Dish!

Annual Spring Rally

 UFCW Hall East of I-75 Service Drive, South of 13 Mile Rd, Madison Heights
 Sponsored by: AA of Greater Detroit, Ferndale. Speaker-Patti O. Laguna Niguel, CA
 Coffee and Donuts Served * Ticket Donation \$2.50. More Info: 248.541.6565


Southfield Group Celebrates 45 Years

 St. Davids 12 Mile Rd West of Coolidge, Southfield. Bring a Friend or Two!
 Doors @ 6:30pm * Dinner @ 7pm * Open Speaker @ 8pm - Bob S.


Founders Day

 Take a Trip to Dr. Bob's House Where it All Began in Akron Ohio! Speakers * Panels
 Bus Tour of Historic Sites * AA & AlAnon * Dances * Motorcade * Hotels * Camping
 More Info: Call 330.374.1845 Visit www.akronaa.org Email: foundersday@akronaa.org

New Freedom ** A New Meeting **

 Church of Christ 800 Trombley (Rochester Rd. bet. Wattles and Big Beaver), Troy
Monday @ 8pm


First Things First 12th Anniversary Breakfast

 Calvary Lutheran 28001 Evergreen (bet. 12&13) Sfld. B'Fast & Speaker @ 7am
Monday, June 3rd

Troy Group is Moving Effective May 11th

 Emerson Church (looks like a big white barn) Livernois bet. Wattles & Long Lake
Wed @ 8pm and Sat @ 8:30pm


8th Annual Unity Campout in Grayling Hosted by MCYPAA

 Another Great Canoe and Camping Experience. Trout Pond * Volleyball * Hiking/Biking
 Trails * Swimming * Meetings. More Info: Kim R 248.585.0668 or AJ D. 616.598.7238
July 19th -21st

Sober Truth Celebrates 1 Year

 Shepherds Gate 23 Mile Rd. 1/2 Mile W. of Schoenherr. Info: Matt O @ 586.419.1676
 Dinner (Pizza n Stuff) @ 7pm * Open Speaker - Gene K., Joys of Recovery @ 8pm
Thursday, June 6th

Dearborn Heights Group 46th Anniversary

 St. Paul's Lutheran 21915 Beech St @ Monroe (S. of Michigan Ave), Dearborn
 Doors @ 6pm * Dinner @ 7 * Open Spkrs-Linda & Steve F. from Ohio @ 8:30
Sunday, May 19th

District Committee Positions Open

Both Districts Need a Website Liaison-Knowledge of MS Frontpage and/or HTML.
 District 20 has an opening for a Grapevine Representative.

District 16 & 20's Second Annual Picnic in the Park

We're in the planning stages and sure could use some help. Volunteers?
Sunday, July 21st

District 16 & 20's First New Years Eve Extravaganza

Join the committee to help plan this ground breaking event. got FUN?
December 30th

Online Sharing

at the Area 33 Website
 April's Topic: What did you think of
 this years March Round-Up?

As Bill Sees It

As faith grows so does inner security. The vast underlying fear
 of nothingness commences to subside. We of AA find that our
 basic antidote for fear is a spiritual awakening. -196

Where is District 16?

It includes Southfield, Oak Park, Ferndale, Berkley, Royal Oak, Clawson, Birmingham
 & parts of Hazel Park and Madison Heights.

Where is District 20?

It includes Troy, Rochester, Rochester Hills, Auburn Hills, Lakeville, Parts of Pontiac
 and Parts of Bloomfield Hills.

Local A.A. Hotline

A.A. of Greater Detroit-Ferndale Office
 380 Hilton Road Ferndale, MI 48220
 248.541.6565

AA of Oakland County - 24 Hour Hotline
 917 1/2 Orchard Lake Rd Pontiac, MI 48341
 248.332.3521

Macomb County Intergroup Office
 25743 Van Dyke, Ste B Centerline, MI 48015
 800.316.2748

Area 33 Office

24225 W. Nine Mile Road, Ste 110
 P.O. Box 2843 Southfield, MI 48034
 More Info: Area Delegate - Bill T @
 TD_thomson@msn.com 313.882.5790

Area 33 Website

www.aa-semi.org

World Svcs Website

www.aa.org

Notes from your D.C.M. District 16

"We're planning a couple of events for
 this year. A return of our Picnic in the
 Park which was a huge success last year
 and a NYEE Dinner/Dance. This is just
 a couple of the many ways we support
 you on this journey through sobriety.
 Get involved and have fun, 2." - Pat R.

District 20

"Here's a list of groups in District 20
 that are currently registered with GSO,
 NY, & whether or not that group has a
 GSR. If your group is in D20 but isn't
 listed here, that means the group never
 registered." - Dennis McD.

West Side Group	Mon 8PM	No GSR
Saints & Sinners	Sun 11AM	No GSR
Troy Group	W/F 8PM	No GSR
Rochester Group	Fri 8PM	No GSR
Auburn Heights Group	???	No GSR
St. Stephen's Group	Thu PM	GSR-Dan O.
Rochester Men's Group	???	GSR-Phil L.
Brookland Group	???	No GSR
Rochester West Group	Tues PM	No GSR
St. Philips	M/W 11AM	No GSR
Day At A Time Womens	Tues AM	No GSR
Surrender Group	Fri AM	No GSR
Troy Sterling Group	Thur AM	No GSR
Roch Serenity(St.Johns)	Thur PM	No GSR
Troy Ford Group	F/Su PM	GSR-Dave O.
Blmfd Kensington Sun Nt	???	No GSR
Roch Sat N (Crittenton)	???	No GSR
Troy Nootimers	M/F 1PM	GSR-Bill K.
Park Street Group	Mon PM	No GSR
Thurs Night Serenity	???	Clyde G.
Troy Women's Group	Wed PM	No GSR
Saturday Morn Live Womens	???	No GSR
Saturday Morn Live	???	No GSR
Pike & William AA (P.W.A.A.)	Fri 11AM	No GSR
Havenwyck Wednesday P.M.	???	No GSR
Rochester Tuesday A.M. #1	???	No GSR
AA On the Lake Group	???	No GSR
Living Sober of A.A. Group	M 7:30PM	GSR-Richard K.
Rigorous Honesty	Sat AM	No GSR
Foundation Group	???	No GSR
Joys of Recovery-Stp&Trad	W 7:30PM	GSR-Paul H.
Women's A New Beginning	???	GSR-Jackie J.
Steps and Traditions Group	M 7:30PM	GSR-Adam H.

T w e n t y F o u r H o u r s a D a y

March 21 - In AA we forget about the future. We know from experience that as time goes on, the future takes care of itself. Everything works out well, as long as we stay sober. All we need to think about is today. When we get up in the morning and see the sun shining in the window, we thank God that He has given us another day to enjoy because we're sober, a day in which we may have a chance to help somebody.

Do I know that this day is all that I have and that with God's help I can stay sober?

Meditation: All is fundamentally well. That does not mean all is well on the surface of things. But it does mean that God's in his heaven and the He has a purpose for the world, which will eventually work out when enough human beings are willing to follow His way. "Wearing the world as a loose garment" means not being upset by the surface wrongness of things, but feeling deeply secure in the fundamental goodness and purpose in the universe.

Prayer: I pray that God may be with me in my journey through the world. I pray that I may know that God is planning the journey.



AREA 33 NEWSBEAT



Area 33 Assembly Meeting

Colony Hall Evergreen Rd. between 8 & 9 Mile Rds. Southfield

3rd Sunday of the Month @ Noon

AA of Greater Detroit - Ferndale Office

Looking for Hotline Volunteers. If you're interested call Jim B. @ 248.743.0741

Treatment Facilities - Looking for 12 Step Opps?

Carolyn R. 248.541.3160

Interested in helping schedule AA panels and provide follow-up info for patients seeking temporary contacts? Please call to get involved in this great 12th Step work.

Wayne County Center for Child Study has asked our help in carrying the message to the adolescents beginning Wednesday, May 1st @ 4:30pm.

Salvation Army, Pontiac wants to start a meeting on Saturday afternoons.

Northeast Guidance Center near 94 & Mac wants to start a mtg on Wed afternoon.

Special Needs Committee

Derek D. 248.797.7867 or voltaire@provide.net

If you are homebound and unable to attend an AA meeting we may be able to bring a meeting to you. Interested in helping out? Sign Language Interpreters Needed.

Web Site Committee

Becky B. 734.459.4341

Next Committee Meeting-Sat, June 8th @ 9am at the Area Office. See front for address. Positions Open-Committee Info Coordinator & Secretary. Knowledge of MS Frontpage &/or HTML+1 yr. sobriety encouraged. A great opp to do on & offline svc work.

Correctional Facilities Committee

Virginia C. 248.544.4637

Wayne County Juvenile needs volunteers to help carry the message on Sat @ 1pm. Only requirement is sobriety. Call Dave A. 586.491.3771

County, State and 3/4 Houses need your experience, strength and hope!

Does your group have a "pink jail pail" for donations? Have any used literature?

March Round Up 2003

Already??

You Betcha! The planning stages are just beginning. The first meeting will be Sun, April 21st @ 2:45pm after the Area Assembly Meeting. See above for address.

Have an Old Computer that's still Good?

Area 33 Office is in need of a Good Used Computer. Please contact the Area Office.



Heartbeat Spotlight "Royal Oak Noontimers"

What is the format? It's a closed table discussion meeting. We us the 12 x 12.

Smoking or nonsmoking? Nonsmoking.

How many people on average attend? 12 - 15. What, if anything, makes the group unique?

We meet 3 days a week on Monday, Wednesday and Friday at Noon, during lunchtime.

AlAnon and Alateen www.metrodetroitafg.org 248.888.8586

got Genius?

This is your newsletter and we need your input.

Please attend the next district meeting, write to us, call Carolyn R @ 248.541.3160 or email: d16news@hotmail.com

Subscribe to this newsletter and we'll e-mail it directly to you.



Longtimer Slogans

"I am an alcoholic: I may think like an alcoholic, but I don't have to **act** like an alcoholic."

"Worry is a darkroom where negatives develop."

"I will try to live the way God wants me to live no matter what others may think."

- Mike P., *Honest Desire*

"Spirituality is about change. Change, change, change" - *Anonymous*

"Alcohol gave me wings to fly...then it took away my sky."

"Sobriety is not a destination but a road we travel."

- Lara S., *Foxhall Group*

"One shot and I'm shot"

- Randy V., *Keep it Simple*

"Keep in Mind - Even if you're on the right track you'll get run over if you just sit there."

- Dennis McD., *Troy Group*

"Join the 20/20 Club. Come to the meeting 20 mins. early-leave 20 mins. after." - *Dirk DeL., First Things First*

Big Book Quote

"Our book is meant to be suggestive only. We realize we know only a little.

God will constantly disclose more to you and to us. Ask Him in your morning meditation what you can do for the man who is still sick. The answers will come, if your own house is in order. But obviously you cannot transmit something you haven't got. See to it that you relationship with Him is right, and great events will come to pass for you and countless others. This is the Great Fact for us.

Abandon yourself to God as you understand God. Admit your faults to him and your fellows. Clear away the wreckage of your past. Give freely of what you find and join us. We shall be with you in the Fellowship of the Spirit, and you will surely meet some of us as you trudge the Road of Happy Destiny. May God bless you and keep you -until then" - *pg 164*

Dr. Bob's Daughter Dies

Sue Smith Windows died earlier this year at the age of 83. She is survived by her brother, Robert, 2 sons, 5 grand children & 8 great grandchildren. She was known as a tiny lady with a big heart. She jokingly referred to herself as the first Alateen.

Coffee Break



Meeting After The Meeting

"When I first started going to meetings, a bunch of people would always go out to eat after the meeting. I thought "I can't go - I don't even know these people." I began to join in and what a great way TO get to know people on a more personal level. We would talk about the meeting, the Big Book or just plain old stuff. There is a lot to say for the meeting after the meeting. Ask someone new to join in, start your own gathering of people or continue going yourself. It changed my sobriety and my relationships; it could change yours too. You may even make a new friend..." - *Lara S. Foxhall Group*

Practice These Principles?

"Do I practice these principles in all my affairs? 1. Honesty 2. Hope 3. Faith 4. Courage 5. Integrity 6. Willingness 7. Humility 8. Discipline 9. Brotherly Love 10. 11. Awareness 12. Service"

-Mike P., *Honest Desire*

Letting Go of Worry

"What if we knew for certain that everything we're worried about today will work out fine? What if...we had a guarantee that the problem bothering us would be worked out in the most perfect way, and at the best possible time? Furthermore, what if we knew that three years from now we'd be grateful for that problem, and it's solution? What if...we knew that our worst fear would work out for the best? What if...we had a guarantee that everything that's happening, and has happened in our life was meant to be, planned just for us, and in our best interest? What if...we had a guarantee that the people we love are experiencing exactly what they need to in order to become who they're intended to become? Further, what if we had a guarantee that others can be responsible for themselves, and we don't have to control or take responsibility for them? What if...we knew the future was going to be good, and we would have an abundance of resources and guidance to handle whatever comes our way? What if...we knew everything was okay, and we didn't have to worry about a thing? What would we do then? We'd be free to let go and enjoy life."